

# The Solnul™ Dosing Guide for US Products



Dose			Substantiated Structure/ Function Claims <sup>†</sup>	Claim Categories				
3.5 g Standard	7 g Restorative	30 g Therapeutic		GI Health	Prebiotic Benefits	IBS Symptoms	Healthy Aging	Metabolic Health
•	•	•	Supports GI health	•	•			
•	•	•	Supports GI microbial balance	•	•			
•	•	•	Optimizes microbial balance in the GI tract	•	•			
•	•	•	Supports a healthy microbial balance	•	•			
•	•	•	Enhances abundance of beneficial flora in the GI tract	•	•			
•	•	•	Significantly increases <i>Bifidobacterium</i> in the GI tract	•	•		•	
•	•	•	Significantly increases <i>Akkermansia</i> in the GI tract	•	•			
•	•	•	Prebiotic	•	•			
•	•	•	Well-tolerated	•	•	•	•	
•	•	•	Contributes to the maintenance of normal bowel movements	•	•	•	•	
•	•	•	Promotes/maintains bowel regularity	•	•	•	•	
•	•	•	Supports/Promotes/Maintains regular bowel movements	•	•	•	•	
		•	Decreases use of stool softeners in the elderly	•	•	•	•	
		•	Supports blood glucose management in the elderly				•	•
		•	Supports healthy blood glucose in healthy elderly				•	•

All of the above can be stated with or without the following: *In the absence of a probiotic, and Independent of a probiotic*

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<sup>†</sup> THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.